



Using a metronome, play each line for one measure, moving through without stopping. When you finish the last line, start again at the top. The kick drum is played on each count. This exercise should be a continuous loop. As you feel comfortable, increase the speed of the metronome.

Quarter Note

<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>
sn	t1	t2	t3
k	k	k	k

Eighth Note

<u>1 +</u>	<u>2 +</u>	<u>3 +</u>	<u>4 +</u>
sn sn	t1 t1	t2 t2	t3 t3
k	k	k	k

Sixteenth Note

<u>1 e + a</u>	<u>2 e + a</u>	<u>3 e + a</u>	<u>4 e + a</u>
sn sn sn sn	t1 t1 t1 t1	t2 t2 t2 t2	t3 t3 t3 t3
k	k	k	k