



Practice playing the combinations below to become more familiar with them. Play each exercise for 60 seconds. For best results, play along with a metronome. While they can eventually be applied to the entire drum kit, at first focus on developing and memorizing the patterns on a snare drum or practice pad.

Single Stroke Roll

R L R L

Double Stroke Roll

R R L L

Paradiddle

[>]R L R R [>]L R L L

Flam

_∨L[∨]R _∨R[∨]L

Drag

_∨LL[∨]R _∨RR[∨]L

Ratamacue

_∨LL[∨]R L R L _∨RR[∨]L R L R

Flam Tap

_∨L[>]R R _∨R[>]L L



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Flam Accent

$\overset{>}{\underset{\downarrow}{L}}R$ L R $\overset{>}{\underset{\downarrow}{R}}L$ R L

Triple Stroke Roll

R R R L L L

5-Stroke Roll

R R L L R L L R R L

Double Paradiddle

R L R L R R L R L R L L

Paradiddle-Diddle (6-Stroke Roll)

$\overset{>}{L}R$ L R R L L - or - $\overset{>}{L}R$ L L R R

Flamadiddle

$\overset{>}{\underset{\downarrow}{L}}R$ L R R $\overset{>}{\underset{\downarrow}{R}}L$ R L L