



It is common for sixteenth notes to be challenging to most students at first. These exercises will start you with easier eighth notes, using your right hand only at first. The “newly added” sixteenth notes will be added in with your left hand.

Remember that the sixteenth notes are hidden between the counts and the “ands.” These exercises will help get you used to “filling-in” the empty spaces where the sixteenth notes are.

TIP: It will help you if you learn to use your right hand as a guide to help keep you in time. As you practice with a metronome, the “click” should fall at the same time as your your right hand.



Practice playing each exercise for 60 seconds. Be sure that your timing of each exercise is accurate before you move on to the next one. For best results, play along with a metronome.

Exercise 1

1 e + a	2 e + a	3 e + a	4 e + a
R R	R R	R R	R R

Exercise 2

1 e + a	2 e + a	3 e + a	4 e + a
R R	R R	R R	R L R L



Exercise 3

<u>1 e + a</u>	<u>2 e + a</u>	<u>3 e + a</u>	<u>4 e + a</u>
R L R L	R R	R R	R R

Exercise 4

<u>1 e + a</u>	<u>2 e + a</u>	<u>3 e + a</u>	<u>4 e + a</u>
R R	R L R L	R R	R L R L

Exercise 5

<u>1 e + a</u>	<u>2 e + a</u>	<u>3 e + a</u>	<u>4 e + a</u>
R R	R R	R L R L	R L R L

Exercise 6

<u>1 e + a</u>	<u>2 e + a</u>	<u>3 e + a</u>	<u>4 e + a</u>
R L R L	R L R L	R L R L	R L R L