

"Off-Time" Kick Patterns



It's time to introduce more interesting, but complex kick patterns to spice up your playing. "Off-time" kick notes aren't played at the same as the hi-hat and can challenge your coordination, at first. Keep at it and it will soon become second nature. Soon you will develop a "feel" for the off-time hits.

These off-time kick hits fall on 16th notes, in between the 8th notes. The 16th notes are colored gray. Practice the exercises as slowly as you need in order to play them accurately!



Play through each individual pattern slowly and carefully. Go as slowly as needed to play it correctly each time! Be sure to focus on the correct timing of the different patterns.



When you feel comfortable, try playing each one using the '3 +1' Pattern. Be sure to add a crash cymbal at the end. Count out loud if needed. As always, for best results, practice this along with a metronome.

Exercise 1

1	e	+	a	2	e	+	a	3	e	+	a	4	e	+	a
H		H		H		H		H		H		H		H	
				SN						SN					
K			K					K				K			

Exercise 2

1	e	+	a	2	e	+	a	3	e	+	a	4	e	+	a
H		H		H		H		H		H		H		H	
				SN						SN					
K					K			K		K			K		

"Off-Time" Kick Patterns (cont'd)



Exercise 3

1	e	+	a	2	e	+	a	3	e	+	a	4	e	+	a
H		H		H		H		H		H		H		H	
				SN								SN			
K			K			K		K			K				

Exercise 4

1	e	+	a	2	e	+	a	3	e	+	a	4	e	+	a
H		H		H		H		H		H		H		H	
				SN								SN			
K						K				K	K				

Exercise 5

1	e	+	a	2	e	+	a	3	e	+	a	4	e	+	a
H		H		H		H		H		H		H		H	
				SN								SN			
K						K				K				K	

Exercise 6

1	e	+	a	2	e	+	a	3	e	+	a	4	e	+	a
H		H		H		H		H		H		H		H	
				SN								SN			
K		K	K		K			K		K	K			K	